Email: Review Your Quarantined Messages from an Exchange Online Protection (EOP) Spam Notification Message

Review Your Quarantined Messages from an EOP Spam Notification Message

The Exchange Online Protection service will send a spam summary message to your inbox on a periodic basis. If your account receives a large number of spam messages, these messages will arrive about once a week. If you don't receive as many, the notifications will arrive less frequently.

- Open the spam notification message. It will always originate from the address quarantine@messaging.microsoft.com and will have the subject line Spam Notification.
- For each message, you can choose Release Message to Inbox, Block Sender or Review. The Review option takes you to <u>https://protection.office.com/quarantine</u> and allows a more in depth review of the email with similar controls as described above. For further instructions please go here: <u>https://docs.microsoft.com/en-us/microsoft-365/security/office-365-security/find-and-</u> release-guarantined-messages-as-a-user?view=o365-worldwide

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	Review These Messages 3 messages are being held for you to review as of 1/19/2021 12:00:00 AM (UTC). Review them within 30 days of the received date by going to the Quarantine page in the Security & Compliance Center.		
	Prevented		
	Sender:	staplestechinfo=staples.com@cmail19.com	
	Subject:	What it takes to be truly cyber vigilant in 2021	
	Date:	1/18/2021 4:02:04 PM	
	Block Sender	Review	

If you have not received an **EOP** spam summary message recently and are concerned that an email you are expecting has been flagged, consider logging directly into Office 365 **Quarantine** web interface to check. This process is detailed below.

- 1. Log in to <u>https://protection.office.com/quarantine</u> with your windows username and password.
- 2. The Office 365 Security & Compliance window will launch. Click on **Threat Management**, then **Review**, then **Quarantine**.
- 3. Exchange Online Protection will then display a list of flagged messages. You can review the messages and decide whether you want to release them to one or more of the intended recipients. Only do this action for emails you recognize as legitimate.

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